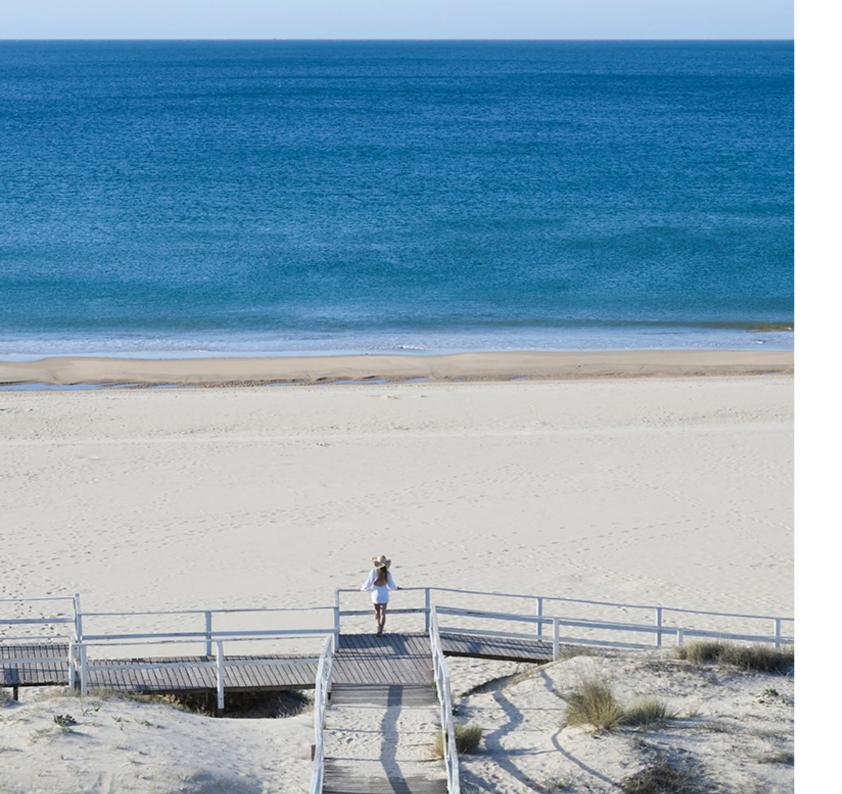
OCTANT

Praia Verde

Experiences

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Welcome to Octant Hotels Praia Verde

We are Octant Hotels Praia Verde. We exist between the green of the pine forest and the blue of the Atlantic Ocean. We are simultaneously close to the Ria Formosa, with its delicate ecosystem and its slow tides that dictate the life of fishermen and shellfishers of the region, and to the Guadiana River that is the border between Portugal and Spain, old way of smugglers and that brings the Algarve mountain range to the sea. We live in a place that sometimes seems to have been forgotten and where traditions persist. In the immemorial history of this land is the key to the gastronomy of the region, which mixes mountains and sea in a blend of flavors, substance and forms of cooking. A gastronomy that changes as the seasons flow. In the ancestral influences and in the climate of the South we explain the local craftsmanship and the livings that still exist, with its Roman and Arab origins, and Mediterranean influence. We exist between nature and this particular civilization, and that is what we want to share with those who visit us. This Algarve of ours. Raw.



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What to DISCOVER in Our Home



The discovering...

À TERRA Restaurant

Sharing concept. Open all year round. Buffet breakfast / 8:00 - 11:00 Meals / 12:30 to 22:30

Pool bar Bar & snacks

Lobby Market Regional produts store. Open 24 hours, all year round.

Kids Club Where everyday is a new adventure. Open all year round.

À TERRA

Led by Chef David Domingues, a sharing concept where the fire-wood oven and Josper Griller are the main actors.

We offer the finest local products and by local producers, where the fish comes from Vila Real de Santo António fish market, showcasing the region's gastronomic traditions. Each dish is an explosion of aromas, textures, and flavors, telling the stories of Algarve's figs, oranges, herbs, olives, cheeses, sweets, meats, and seafood.

At À TERRA, we invite you to experience the true Algarve, while also exploring new, modern culinary experiences. Sit with us and savor the flavors of the South.

Learn the art of cooking Algarve delicacies.

At Octant PRAIA VERDE, we've learned from Helena and Natália that the love and longing for those who passed down the recipes are also ingredients that sweeten the soul. They are excited to teach you the secrets of local cuisine in an authentic, hands-on experience. Contact us to know more.





Wellness

Explore our wellness treatments, designed to provide balance and rejuvenation to both body and mind. Let yourself be immersed in moments of peace and serenity.

OUR MASSAGES

Relaxation	50min €85⁄80min €110
Deep Tissue / Sportive	50min €95∕80min €120
Reflexology	50 min € 85
Hot Rocks	60 min € 95
Cellulite Bamboo Therapy	50 min € 85
Mother to Be (from 13 th week)	50 min € 85
Head, Shoulders and Back	45 min € 75
Lymphatic Drainage	50 min € 85
Moment for two	50min €160 / 80min €210

PRIVATE YOGA LESSON

€85 per person, €25 pe -----

€ 85 per person, € 25 per additional person
coo per person, cao per additional person

Availability / Our massages are subject to availability, so we advise to book as early as possible.



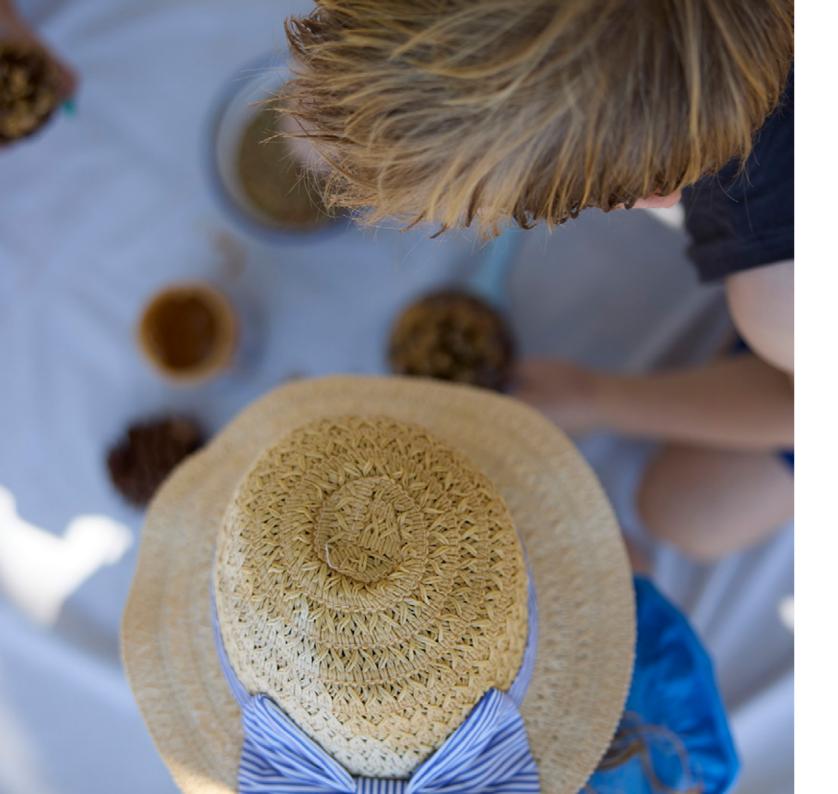
Committed to SUSTAINABILITY

EXPLORE NATURE WITH VITA NATIVA

We are excited to partner with Vita Nativa - Environmental **Conservation** to offer you unique experiences that showcase the rich wildlife around our hotel. Join us for nocturnal adventures, such as discovering chameleons, night butterflies, and other fascinating insects. Our expert team will guide you through these unforgettable encounters, helping you connect with the vibrant fauna and flora of the region.

_____ Discovering chameleons Discovering the night butterflies and other night insects Night Sky Viewing at the beach _____

Ask us to know more.



Kids Club: Fun and Adventure Every Day

At our Kids Club, we believe that children deserve unforgettable holidays full of fun, laughter, and adventure! Every day, we offer a variety of exciting activities designed to spark creativity, teamwork, and joy. From arts and crafts to outdoor games and themed workshops, our dedicated team ensures that your little ones are engaged, entertained, and cared for throughout their stay. We're here to make sure their holidays are nothing short of amazing! **Available daily**. We welcome children unaccompanied from **4** years old and up. Younger children accompanied by an adult are welcome to join the activities.



EXPLORE the Region

LIVE THE ALGARVE WITH US.

We have experiences that go from the Mountains to the Sea, so that you can enjoy everything that this region has to give you.

Experiences



Private yacht around the islands of Ria Formosa

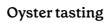
Enjoy a private yacht tour through the stunning Ria Formosa islands. Enjoy time to relax, swim in crystal-clear waters, and explore its beaches. Our crew will share insights about this beautiful area, making your journey both relaxing and enriching.

Price from €640. Transportation as from €136.

Solar boat experience

Embark on a unique and sustainable experience aboard a solar-powered boat through the stunning Ria Formosa Natural Reserve. Explore this natural paradise in a silent and eco-friendly way, gliding over crystal-clear waters and immersing yourself in the serenity of the surroundings. No noise, no emissions-just the gentle sounds of nature all around you.

€**330 / 3** hours Maximum 8 people. Transportation as from €52.



Jump aboard for a fun and tasty boat ride to an oyster farm, where you'll get an inside look at how these amazing shellfish are grown. Glide through the calm waters and discover the secrets behind farming oysters in one of the most pristine areas of the world.

€480/3 hours Maximum **5** people. Transportation as from €136.

Only possible during low tide.



A Picnic to Remember

Enjoy a relaxing afternoon surrounded by nature. With a selection of fresh, delicious local flavors, our picnic offers unique outdoor moments, in perfect harmony with the environment. It's the ideal opportunity to create unforgettable memories, savoring great food and taking in a charming landscape with wonderful company.

Contact us for more information about pricing.

Horse riding

Be surprised by the unspoiled side of the algarvian coast. In the farm 1h / €80 per person

In the countryside 2h / €130 per person

On the beach 1h / €150 per person

Transportation as from €52.



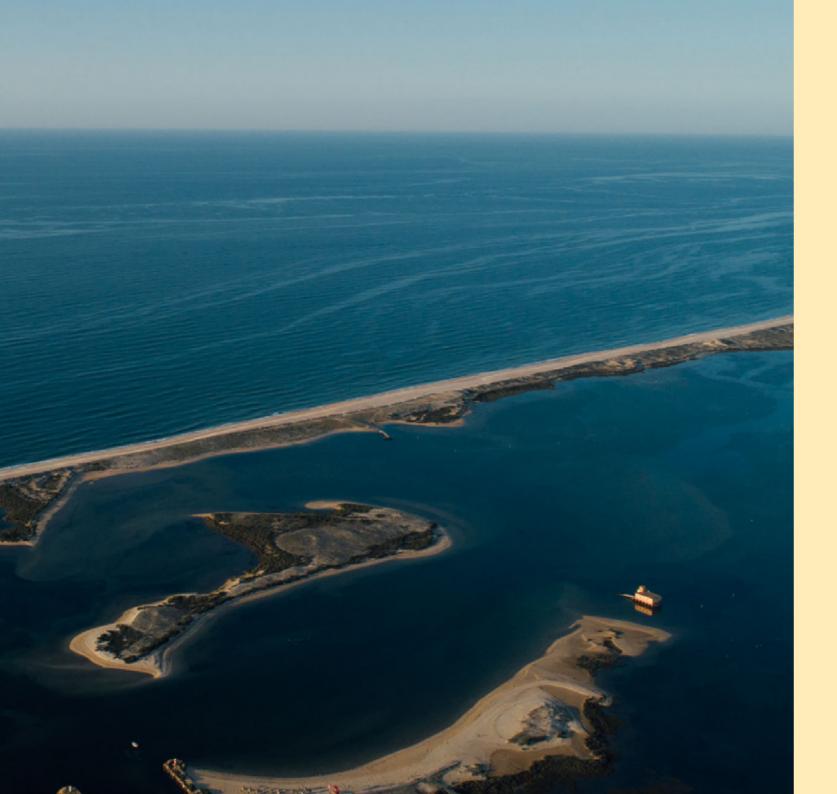


4x4 Adventure in the countryside

Embark on an exciting Jeep adventure through the Baixo Guadiana and discover the essence of the Algarve. Explore its rich culture, history, and stunning landscapes, while learning about cork and salt production. Visit charming villages and immerse yourself in local tradition.

 $3h \neq 105 \mid 6h \neq 1000$ with lunch. Maximum **6** people.

Hotel pick-up included.



The East of Algarve on a Yacht

Set sail on a private, full-day yacht tour along the stunning eastern Algarve, from Vila Real de Santo António to the beautiful islands of the Ria Formosa Natural Park in Olhão. Enjoy the serenity of the sea, admire the unspoiled islands from the water, and relax in complete privacy.

During the day, you'll have the opportunity to stop at a charming restaurant within the Ria Formosa to enjoy a delicious lunch, all while taking in the peaceful surroundings. This unique, personalized experience is the perfect way to immerse yourself in the Algarve's natural beauty, with the freedom to explore at your own pace.

Contacte us for more information.



Together Time: Family Adventures



Tree climbing

Discover the adventure park in Vila Real de Santo António, where excitement reaches new heights in the treetops. With a variety of challenges, high tree trails such as ropes, bridges, nets, giant slides, and much more, this experience is perfect for all levels, from beginners to seasoned adventurers. Come push your limits and enjoy a unique adventure, immersed in nature!

Prices from €13 per person Transportation as from €52.

Family Golf Day

Enjoy a day of fun and laughter with your loved ones in one of our golf courses. Perfect for all skill levels, our Family Golf Experience offers a fun environment where everyone, from beginners to seasoned players, can share the joy of the game. Tee off together, create lasting memories, and make the most of this unique family bonding opportunity together with the Mickael, the instructor. Ask us about all the options.



Visit a farm

Enjoy a day at a pedagogical farm, where children can interact with and care for a variety of animals. We recommend going in the morning to participate in the daily feeding routine, offering a real-life experience of farm activities and animal care.

€105 up to 5 people Transportation as from €136.

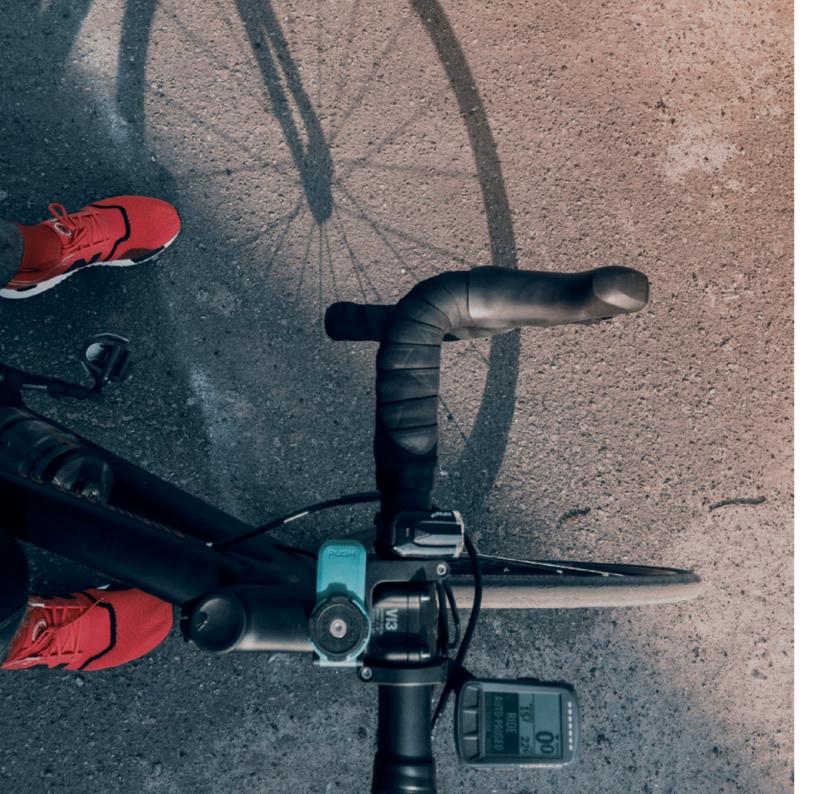


DHM Golf

At our Golf Courses, you can not only practice your favorite sport but also take the opportunity to enhance your physical and mental well-being. Combine a peaceful stay with the improvement of your technique, whether you're an amateur or a professional player.

For more information and booking, please reach us out!

Quinta da Ria (Vila Nova de Cacela)	H 18 / Par 72
Quinta de Cima (Vila Nova de Cacela)	H 18 / Par 72
Quinta do Vale Golf Resort (Castro Marim)	H 18 / Par 72
Monte Rei Golf & Country Club (Vila Nova de Cacela)	H 18 / Par 72
Quinta do Lago Sul (Almancil)	H 18 / Par 72



Bikes Rides in the Region

With our bikes at your disposal, explore the stunning beauty of the region at your own pace. Whether you prefer a relaxing ride or an exciting adventure, we have routes for all levels. Simply scan the QR codes for suggested routes and start your journey today!

Quinta do Vale

Castelo de Castro Marim



🔍 Cabeço Beach





Vila Real de Santo António Reserva Natural do Sapal





🔍 Alagoa Beach

Sorte de Cacela Velha



Vila Real de Santo António

Castro Marim & Vila Real de Santo António



O Manta Rota Beach



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Top Local Highlights

O Tavira

Wander through Tavira's charming historic center and along the riverfront. Tavira Island is another gem to discover.

🛛 Cacela Velha

Enjoy one of most stunning panoramic views of the Eastern Algarve, savor fresh oysters and make sure to visit Fábrica beach.

Ria Formosa Natural Reserve

On foot or by boat, where you can spot diverse wildlife, serene waters, and learn about the traditional fishing practices that have shaped the area.

🛇 Barril Beach

And its historic anchor graveyard, a peculiar attraction that shape the region's fishing traditions.

Castro Marim

Explore the medieval Castro Marim castle and discover the traditional salt flats learning the process of harvesting the salt flower.

Sapal Natural Reserve

Peaceful escape for birdwatching, cycling, and hiking, offering a chance to explore diverse wildlife in a protected natural environment.

🔍 Vila Real de Santo António

Explore the town's 18th-century architecture, stroll along the riverfront, and visit the iconic lighthouse for panoramic views of the Guadiana River and the Atlantic Ocean.



LATITUDE

OCTANT Hotels

Our commitment is to the local. That's what we promised on May 11, 2022 when we launched the Octant Hotels brand and said: we want to be the best place to discover the regions where we are.

We are committed to promoting, protecting and developing the places where we are because we know that it is the places that make us who we are. It is the landscapes, the people and the traditions that make our guests' experiences unique.

We set out and traveled the country, exploring around the Octant Hotels in search of people, trades, traditions and landscapes. And we discovered so much.

Now it's time to share them, in our hotels, in our experiences and here.

TRAVEL WITH PURPOSE.

There are stories that are not written in travel guides, that only live in the gestures of a craftsman working with the material, in the aromas of a market at dawn or in the tranquility of a place that seems made to be eternal.

Allow yourself to discover. Allow yourself to travel with purpose. Not just to new destinations, but new experiences with true meaning.

www.latitude.octanthotels.com



Our CONDITIONS

GENERAL

In all activities, the price might vary according to the number of participants. All activities and experiences are subject to availability, prior booking recommended at least **72** hours hours in advance and hotel's confirmation. There may be seasonal changes and limitations because of weather conditions. Some experiences have no transfer included. The mentioned transportation prices are to go and return and may vary according to the number of people.

For bookings of activities and treatments, please contact our Experience Manager through experiences-praiaverde@octanthotels.com

CANCELATION

In case of late cancellation of any experience or wellness treatment, part or all of the amount may be charged.

Cancellation up to **48** hours: free.

Cancellation up to **24** hours: **50%** of the experience's amount will be charged.

Cancellation less than **24** hours: the entire amount of the experience will be charged.

∞

Follow us for more experiences

facebook / instagram @octant.praiaverde



Praia Verde - Altura 8950-434 Castro Marim - Algarve +351 281 530 600

www.praiaverde.octanthotels.com